



7pm: Girls join a soccer match.



10.30pm: Laughs in The Long Room.



9.30pm: Accosting IGA spunky shoppers.



10pm: Fun on Lonsdale St.



8pm: Attractive alternative types at The Town Hall pub..



11.30pm: Linger in The Long Room.

Pictures: NICKI CONNOLLY

your Man Coup, I read about it in last week's *mX*." The girls flush with their new-found fame. Would autographs be required?

**8PM - 9:15PM**

We enter The Town Hall Pub in North Melbourne. We are on the lookout for Rocks (alternative types). After a big yummy meal, with Foymoto bringing over "possibilities" she'd wrangled from around the bar, and with more numbers exchanged, we head out to the next man-meeting location. The coup was going superbly, but we hadn't had our fill.

**9:15PM - 9:45PM**

The supermarket (IGA, North Melbourne). We cruise the aisles. Lyana is sure to put bananas on top of her shopping basket as this is code for "being single". Bet you didn't know. Ellie finds someone cute at the checkout.

**9: 45PM - 10:15PM**

Laurence, our cabbie, comes through and ferries us to the CBD. "Would you like to meet Mediterranean men?" he asks us. "Oh goody, yes," I reply. "Take us there." He pulls up near Lonsdale and Russell and leads us to the Greek

section. Here we cross paths with a stag party and Foymoto, as is her want, gets carried away.

**10:15PM - ONWARDS**

It is time to take to The Long Room in search of Cops (corporate, office-ish, professionals). We pose in front of the red carpet *Charlie's Angels*-style and then strut, catwalk-like, inside. The manager - a hot single man himself - greets us personally, takes our coats and pours us Champagne. Oh, this is the life. Men are everywhere and the night is still young. Foymoto and I have a word alone. We had schooled the *mX* girls in how easy it really is to approach a man and talk to him. It was time, like mumma birds or such, to let our Man Coup girls apply the lessons we'd taught them, and fly alone. Standing back, we watch with great pride as they reign in the boys themselves.

■ Contact me, if you want to contact Lyana, Lu or Ellie, at [dearbella@mxnet.com.au](mailto:dearbella@mxnet.com.au) or [www.drbella.com](http://www.drbella.com)



*I will leave you with Lyana's eloquent words:*

Travelling in packs was brilliant. I cherished the power to be able to crook a finger and have men lassoed in for me. Granted, the finger didn't do much exercising, but having a personal selection of men presented without any effort on my part was truly intoxicating. My faith is restored in Melbourne men. There certainly are some sumptuous specimens out there ... and sweet to boot! Thank you to all the lovely men we accosted, who were not only able to impressively hold their own, but were so refreshing in their responses: unguarded, unrehearsed and adorably genuine.

